

How Do I Learn Best? – Questionnaire

This questionnaire will help identify your preferred learning style, or your preference for the intake and output of ideas and information.

- Choose the answer which best explains your preference and fill in the circle next to the answer.
- Please select more than one response if a single answer does not match your perception.
- Leave blank any question that does not apply, but answer at least 10 questions.

1. When you have a few minutes with nothing better to do would you be more likely to:
 - a. stare into space or doodle.
 - b. talk to yourself or to others
 - c. pick something up to read or surf the Internet.
 - d. do something practical, like fix something or straighten your room.
2. You are not sure whether a word should be spelled 'dependent' or 'dependant'. Do you?:
 - a. look it up
 - b. see the word in your mind and choose by the way it looks
 - c. sound it out in your mind
 - d. write both versions down on paper and choose one
3. You want to plan a surprise party for your best friend's birthday. Do you?:
 - a. talk about it with your other friends
 - b. make lists of what to do and what to buy
 - c. think through and picture the party activities in your mind
 - d. invite friends and just let things develop
4. You are going to make or build something special for your family. Do you?:
 - a. make something without the need for instructions
 - b. search the Internet & other resources looking for ideas
 - c. refer to a specific resource where there are good instructions
 - d. talk it over with some friends and get their ideas
5. You are really pleased with your acceptance for a summer program. This is also of interest to two of your friends. Do you?:
 - a. take them to see the program in action
 - b. show them the brochure and information you've found about it
 - c. start practicing the activities you'll be doing in the program
 - d. describe to your friends the activities you do each day of the program
6. You are about to buy a new iPhone. Other than price, what would most influence your decision?
 - a. the salesperson telling you about it
 - b. reading the details about it
 - c. trying it out to see how it works
 - d. how the iPhone looks as you picture yourself walking around with it

7. Recall a time when you learned how to play a new video game. How did you learn it best?
- a. by watching others do it first
 - b. by reading written instructions
 - c. by listening to somebody explain it
 - d. by using it or trying it yourself
8. After reading a play, you need to do a project on it for your English class. Would you prefer to?:
- a. read a part from the play in front of the class
 - b. draw a poster showing something that happened in the play
 - c. act out a scene in the play
 - d. write your own review on the play
9. You are about to try to hook up your parent's new computer. Would you first?:
- a. unpack the box and start trying to put the connections together
 - b. read the manual that comes with the computer
 - c. call on someone else you think might already know how to set it up
 - d. look at the assembly diagrams in the manual and in the box.
10. You need to give directions to two friends to go to a house across town. Do you:
- a. draw a map on a piece of paper
 - b. tell them the directions
 - c. list the directions on a piece of paper
 - d. take them there yourself and show them
11. You have a problem with your knee and it hurts when you play your favorite sport. Would you prefer that the doctor:
- a. describe to you what is wrong
 - b. give you an article or brochure that explains the common problems with knees
 - c. show you a diagram of what is wrong
 - d. demonstrate with a model what is wrong
12. A new movie has arrived in town. What would most influence your decision to go (or not to go)?
- a. you hear friends talking about it
 - b. you read what others say about it in movie reviews
 - c. you see a preview of it
 - d. it is similar to others you have liked
13. Do you prefer a teacher who likes to use?:
- a. a textbook and handouts
 - b. diagrams, charts, pictures, and PowerPoint slides
 - c. field trips, labs, hands-on activities
 - d. class discussions and guest speakers